

Insurance Board Safety Tip:

Slips, Trips and Falls



Of Insurance Board liability claims are from slips, trips or falls.

66% occur with no level change

- You **slip** when you lose your footing due to poor traction
- You **trip** when you catch your foot on or in something
- You **fall** when you come down suddenly
- Spills, ice, snow, rain, loose mats, rugs, poor lighting, clutter, cords, poor transitions and stepladders are some of the most common causes of slips, trips and falls.
- The majority of slips, trips and falls are therefore **preventable!**

5 Ways to REDUCE the RISK



HOUSEKEEPING

Clean up spills and debris immediately, mark wet areas, check entrance ways and keep them dry and free of debris.



MAINTAINING

Repair loose handrails, and cracked/deteriorating steps, and fill potholes in lots and cracks in sidewalks.



FLOORING

Repair torn and wrinkled carpets and all flooring. Use doormats with tapered edges and non-slip bottoms in entryways.



CLEANING

Keep your facility clutter-free inside and out, check for trip hazards and remove immediately, tape down cords.



LIGHTING

Ensure adequate lighting in all areas, both inside and out. Make sure all lights are working, replace immediately when needed.



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