

Armatus® Course Descriptions

FOUNDATIONAL COURSES FOR EMPLOYEES AND HIGH ACCESS VOLUNTEERS

Meet Sam S F

Sam molests children. Hear him share how he gets away with it.

Participants will learn: The 3 types of molesters • The 3 things molesters need in order to offend • The types of boundaries offenders often violate.

It Happened to Me S F

Anger. Failing grades. Depression. These are just some of the effects of sexual abuse.

Participants will learn: The long-term effects of abuse • Which children are most vulnerable to abuse • Why children don't report abuse • What to do if a child tells you about abuse.

Duty to Report: Mandated Reporter S F

Adults have a moral responsibility—and in many cases a legal responsibility—to report suspected child abuse or neglect. State specific content is available for CA schools and childcare facilities.

Participants will learn: Why reporting is critical • What their moral obligation is to report • What types of conduct must be reported • How to report • How to respond if a child discloses abuse or neglect.

FOUNDATIONAL COURSES FOR LOW ACCESS VOLUNTEERS

Abuse Risk Management for Volunteers S F

Volunteers have the chance to influence the life of a child. They can teach skills, set good examples, share wisdom, and help keep kids safe.

Participants will learn: How molesters operate • The devastating effects of abuse • Steps to take to prevent abuse and false allegations.

Duty to Report: Mandated Reporter S F

Adults have a moral responsibility—and in many cases a legal responsibility—to report suspected child abuse or neglect.

Participants will learn: Why reporting is critical • What their moral obligation is to report • What types of conduct must be reported • How to report • How to respond if a child discloses abuse or neglect.

POPULATION SERVED

YOUTH AND ADOLESCENTS

Social Media Safety

Social media increases opportunities for sexual abusers to communicate with their intended victims.

Participants will learn: The different types of abuse risks that organizations face • How to educate parents and youths on healthy social media use.

Preventing Bullying S

Bullying, in some way, is a part of everybody's childhood memories. However, the severity of recent bullying incidents has shown that bullying can no longer be a "normal" part of growing up.

Participants will learn: What bullying is • How bullying happens • The impact of bullying • What they can do to stop bullying • What to do if they are a supervisor.

Preventing Sexual Activity Between Young Children S

Statistics show that incidents of sexual acting out between children have increased 300% in recent years.

Participants will learn: Where sexual activity between children typically occurs • Steps to prevent sexual activity between children and how to respond if it occurs.

Preventing Sexual Activity Between Adolescents

When adolescents bully or act out sexually with one another, these behaviors not only violate policy, they can become abusive.

Participants will learn: What peer pressure and bullying can do to influence sexual behavior in adolescents • Steps they can take to prevent sexual activity between adolescents.

Behavior Management

Teachers, counselors, and caregivers face a daily challenge of influencing and responding to youth behaviors. By using basic techniques to teach appropriate behaviors and eliminate negative behaviors, adults can create a positive, productive environment within the organization.

Participants will learn: Behavior management basics • What to do if nothing else works • Tips for self-management • How to determine if a youth should be removed from a program.

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VULNERABLE ADULTS

Recognizing Abuse and Exploitation in Elder-Serving Programs

As an employee or volunteer with an elder-serving program, you provide a valuable service to those in your care.

Participants will learn: Types of elder abuse and exploitation • How to recognize the risk factors and warning signs of abuse and exploitation • How to establish good relationships and provide appropriate care to the elderly • How to protect oneself from false allegations of abuse and exploitation • How to report suspected abuse, neglect, and exploitation.

Preventing Abuse Against Adults with Disabilities

Providing care to people with disabilities is rewarding and challenging work. However, some caregivers psychologically abuse, physically abuse, and/or steal from those they care for. Some even sexually abuse people in their care.

Participants will learn: Facts about abuse of people with disabilities • Awareness of potential abuses and high-risk environments • Steps to keep those in your care safe.

INDUSTRY OR PROGRAM

ATHLETICS

Athlete Protection

This course teaches coaches and other adults who work in youth sports how to keep athletes safe. (Swim Edition available)

Participants will learn: Scope and effects of abuse in sports and how to maintain a healthy coach-athlete relationship • High-risk situations and how to handle them • How to report abuse and red-flag behaviors.

Healthcare

Athlete Protection

All healthcare professionals have an ethical duty to maintain healthy professional boundaries with patients and colleagues. In this course, healthcare professionals will be challenged to examine their current practices and beliefs and to establish professional boundaries that will contribute to a culture of safety for everyone.

Participants will learn: The definition and scope of professional boundaries • The importance of professional boundaries • How boundary violations happen • How healthcare professionals can build better boundaries • Why healthy self-care behaviors are important for healthcare professionals • How healthcare professionals can recognize and respond to warning signs and red-flag behaviors.

CAMP

Keeping Your Camp Safe (Overnight) S F

Camp can be a wonderful experience for kids – but not if they are abused by a counselor or a peer

Participants will learn: Abuse risks at a residential camp • Six locations where abuse is most likely to happen • How all employees and volunteers can make a difference.

A Day at Day Camp S F

This course spotlights various activities and associated risks in a typical day at camp.

Participants will learn: How to keep day campers safe from sexual abuse • How to protect themselves from false allegations of abuse • How to identify and manage high-risk situations at day camp • What to do if they see something suspicious or inappropriate.

RELIGIOUS

Keeping Your Church Safe S

God has entrusted church staff with something precious to Him – His children.

Participants will learn: Five specific actions to keep children safe • The importance of keeping a watchful eye • What to do in the case of suspicious behaviors • How to respond to inappropriate behavior.

Preventing Abuse and Exploitation in Pastoral Ministry

When a pastoral relationship becomes sexualized or exploitative, it is harmful to the individuals involved, their families, and to the people in the church.

Participants will learn: Effects of sexual abuse and exploitation • Factors that contribute to abuse and exploitation • Red flags in abuse and exploitation How to prevent and respond to abuse and exploitation.

SCHOOL

Keeping Your School Safe S

Parents send their children to school to have fun, meet challenges, make friends, practice skills, and to learn. They also expect them to be safe.

Participants will learn: When, where, and by whom child abuse is most likely to occur at school • Specific steps to take to keep children safe at school • How to prevent false allegations of abuse.

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SPECIALTY

Preventing Sexual Harassment: Employee Edition

All employees want to work in an environment free of sexual harassment. State specific content is available for NY and CA.

Participants will learn: How to recognize different types of harassment · How to determine if a situation is or is not sexual harassment · How to prevent and respond to sexual harassment.

Supervising for a Positive Work Environment

Supervisors play an important role in complying with employment laws and encouraging a positive workplace environment. State specific content is available for CA.

Participants will learn: What constitutes workplace discrimination, harassment, and retaliation · What the law requires of supervisors to prevent, stop, and respond to discrimination, harassment, and retaliation · What supervisors should do if they are accused of discrimination, harassment, or retaliation.

Bloodborne Pathogens

Bloodborne pathogens cause diseases that are difficult to treat and cannot be cured. That's why it is so important to know how to reduce the risk of contracting a bloodborne disease.

Participants will learn: What bloodborne pathogens are · Standards businesses must follow · How bloodborne pathogens might enter one's body · Common exposures that could occur at an organization · The three most common diseases caused by bloodborne pathogens · How to protect themselves from bloodborne pathogens · What to do if they are exposed to bloodborne pathogens.

Maintaining Professional Boundaries in Healthcare Organizations

All healthcare professionals have an ethical duty to maintain healthy professional boundaries with patients and colleagues.

Participants will learn: Definition and scope of professional boundaries · importance of professional boundaries · How professionals can build better boundaries · Why healthy self-care behaviors are important for healthcare professionals · How healthcare professionals can recognize and respond to warning signs and red-flag behaviors.